HARC ICAP



Specialized, intensive therapy for individuals with aphasia as a result of stroke or other acquired brain injury.

Program Summary

The Houston Aphasia Recovery Center Intensive Program offers patient-centered, evidence-based, intensive therapy for individuals diagnosed with aphasia. Our mission is to provide intensive, comprehensive, goal-oriented therapy to maximize the independence, quality of life, and self-efficacy of individuals with aphasia. Previous intensive HARC programs have resulted in positive communication gains (1,2).

Program Components

Participants will complete four weeks of intensive language intervention consisting of three hours of individual speech-language therapy per day over the span of 20 consecutive business days. Participants will receive a minimum of 15 hours of individualized treatment per week with additional group-based treatment provided to assist with generalization of treatment goals. Prior to treatment, pre-testing will be conducted to ensure therapy goals are tailored to each participant's needs. Following treatment, post-testing will be conducted to document progress.

Program Dates

The HARC Intensive Comprehensive Aphasia Program (ICAP) is not accepting new participants as we evaluate and redesign the program. If you would like to be contacted once we begin accepting applications, please **join our waitlist here**.

Treatment Principles

Research indicates that intensive therapy can result in improved language function, regardless of aphasia severity or type, education level, age, or recovery stage. HARC's intensive aphasia program was designed using evidence-based treatment approaches to improve speaking, listening, reading, writing, and/or multimodal communication. The program incorporates restorative and compensatory treatment approaches to maximize therapy outcomes.

How to Apply?

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Frequently Asked Questions

1. Thiessen, A., Schmadeke, S., Sims, F., Justice, R., & Maher, L. (2017, February). Examining Outcomes from a Community-Based Wellness

Center for Adults with Chronic Aphasia. Texas Speech-Language and Hearing Association Convention, Austin, TX.

2. Thiessen, A., Justice, R., Schmadeke, S., & Maher, L.(November 2016). Outcomes from a community-based wellness center for aphasia.

American Speech-Language and Hearing Association Convention, Philadelphia, PA.