

Virtual Program Schedule Fall 2025

Time/Day	Tuesday	Wednesday	Thursday			
10:00 to 11:00 AM	<p>Language Games</p> 	<p>Name that Tune</p> 	<p>In the News</p> 	<p>Numbers</p> 		
11:00 to 12:00 PM	<p>True Crimes</p> 	<p>Language & Music</p> 	<p>Parts of Speech</p> 	<p>Read It</p> 	<p>Pen to Paper</p> 	<p>Grab Bag</p> 
12:00 to 1:00 PM	<p>Lunch Break</p> 					
1:00 to 2:00 PM	<p>Strength in Motion</p> 	<p>Where in the World</p> 	<p>Care Partner Chat</p> 	<p>Book Club</p> 	<p>Read It</p> 	

Virtual Program Descriptions



Book Club: Participants will read a short story, article, or short book in the virtual book club. Selections include fiction and non-fiction. Sessions are spent taking turns reading aloud, discussing what was read, and focusing on understanding the content. With practice, the goal is to improve participants' ability to read aloud and comprehend written information. All are welcome to try it out.



Caregiver Connection: Caregivers are invited to talk with one another to offer support and share information about resources, events, and experiences. New caregivers will learn about Supported Communication techniques and how to use them. Relax, have fun, and talk with friends who understand life with aphasia.



Grab Bag Language: Participate in language based games including Name that Tune, Scattegories, Head Bandz, etc. Focus is on both comprehension and expression and is appropriate for all levels of communication.

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In the News: Look at topics on-line and discuss. This format encourages participants to give opinions or relate to events discussed. Focus is on both comprehension and expression. Participants are encouraged to bring their own news stories to the news group.



Language Games: Join friends to play a different language-based game each week. The goal is for participants to engage in the game and provide encouragement for everyone to participate. The focus is on comprehension and expression and is appropriate for all levels of communication.



Music & Language: Facilitated by music therapists. Music is used to facilitate communication and Language through a variety of activities. HARC also has a choir called the HARC Heralds. The HARC Heralds perform at a variety of events.



Numbers: Participants work on various functional math skills. The goal is to gain functional math and basic accounting skills through simulated real-world situations like party planning, family outings, restaurant ordering, and more!

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Parts of Speech- Each week, a part of speech is selected and taught to the group to be understood and used in functional conversation. Examples of the parts of speech explored each week include verb tenses, prepositions, and contractions.



Pen to Paper: Participants work on the fundamentals of writing and spelling, starting at a single-word level and progressing to simple sentences. Tasks focus on functional Language to help with daily challenges such as list-making, internet searches, and email.



Read it: Take turns reading articles or short novels aloud. Cueing is provided at whatever level is needed. Some read independently, and some read in unison with a facilitator. This is a great way to work on producing multisyllabic words and increase reading fluency. All reading levels are welcome.



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Strength in Motion: This total-body exercise group focuses on endurance, strength, and balance to support daily mobility and independence. Activities are tailored to individual needs in a fun, supportive environment. Skills gained help participants stay active and engaged in their communities. TWU Occupational Therapy students assist as part of their clinical training.



True Crime: Participants get to practice reading aloud while using their detective skills to make predictions and narrow the list of suspects. Readings are followed by a conversation and discussion about "who done it."



Where in the World? Take a virtual trip to another country. Participants are encouraged to share their travel experiences by exploring a new country or locale and discussing the food, people, and customs. The focus is on both comprehension and expression. This program is appropriate for all communication levels.