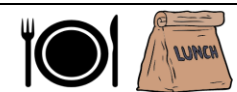


In-Person Program Schedule						
Time/Day	Tuesday		Wednesday	Thursday		
9:30 to 10:00AM	 Coffee Talk & Announcements					
10:00 to 11:00 AM	Book Club  Parts of Speech 	Pen to Paper  Creative Connections 	Listening Corner  In the News 	Chit Chat  Brain Games  Story Collab + Illustrations 		
11:00 to 12:00 PM	Chit Chat 	Music & Language 	History 101  Challenge Word Puzzle 	Read It  Power in Words  Grab Bag Language 		
12:00 to 1:00 PM	 Lunch & Chat					
1:00 to 2:00 PM	Game Shows  Numbers 	Strength in Motion  HARC Homeroom 	Aphasia Apps  Games & More 	Competitive Games  Where in World 	Chill Out Games 	

In-person Programs



Aphasia Apps: Participants use iPads to practice language skills such as reading, typing, and following auditory instructions. They may also learn to navigate the internet, use email, or explore other apps. The program supports independent practice with progress tracking, with volunteers available to assist as needed.



Book Club: Participants read and discuss short stories, articles, or books—both fiction and nonfiction. Sessions include reading aloud, group discussion, and comprehension practice. The goal is to strengthen reading fluency and understanding. All are welcome to join.



Brain Games: Puzzles like Sudoku, crosswords, and language tasks target attention, reasoning, word-finding, and problem-solving. Each week, participants take turns solving fun, brain-boosting challenges that engage both the left and right brain.



Chat & Chew: Participants explore Houston's food scene and global cuisines while targeting expressive and receptive language skills—naming, reading, auditory comprehension, and conversational narratives. Includes food tastings and lively debates on what tastes best.

In-person Programs



Chill Out & Competitive Games: Play games like Uno, poker, dominoes, or chess while practicing comprehension, turn-taking, and conversation. This group supports communication in a relaxed, social setting filled with laughter, friendly competition, and connection. Participation is the goal



Chit Chat: Participants share weekend stories, joys, challenges, and family updates while practicing functional communication. This group targets key therapy goals: verbal expression, listening comprehension, turn-taking, and idea-sharing. Participants use supported communication strategies such as speech, gestures, drawing, and writing to connect with others.



Creative Connection: This group will address receptive and expressive language and motor skills while the participants explore photography, arts/crafts, poetry, and theater. Each week, the participants will learn about and discuss a creative activity and then complete a project inspired by the discussion.



Dominoes: fun, social game targets memory, attention, problem-solving, and counting skills. It also supports fine motor control and motor planning through hands-on play.

In-person Programs



Game Show is a high-energy, game show-inspired speech group designed to make language practice fun and functional. Participants engage in friendly competition through trivia, word games, and pop culture challenges that target key communication goals.



Games & More: Participants engage in board and card games that support speech, memory, attention, and problem-solving through verbal and nonverbal communication. The group fosters social connection, cooperation, and emotional well-being, while handling game pieces also promotes fine motor skills.



Grab Bag is a rotating, conversation-based group featuring *Chat & Chew*, *Name That Tune*, and *Show & Share*. Participants engage in lively discussions that support verbal expression, listening comprehension, word retrieval, and social communication—all in a fun and interactive setting.



HARC Homeroom offers a quiet, focused space where participants choose personal projects such as writing, listening, or reading—and work independently with volunteer support. Some collaborate with a partner on shared goals, promoting peer connection and self-directed learning.

In-person Programs



History 101: Calling of history buffs! Participants will discuss one historical event each week. The goal for this group is for each participant to work on their verbal and non-verbal expression to add to the timeline of historical events.



Listening Corner: Listen at the single-word or short-phrase level. Participants follow directions, match words to pictures, identify attributes of items, etc. Comprehension is the focus. This program is appropriate for participants who want to increase comprehension at the primary level.



Music & Language: This program is facilitated by a music therapist. Music is used to facilitate communication and language through various activities. HARC also has a choir called the HARC Heralds, which performs at multiple events.



Numbers: Participants work on various functional math skills. The goal is to gain functional math and basic accounting skills through simulated real-world situations like party planning, family outings, restaurant ordering, and more!

In-person Programs



Power in Words: Advocate. Communicate. Collaborate. Designed to strengthen expressive language, sentence formulation, and narrative skills through

advocacy. Participants work in teams to plan public speaking, social media, and newsletter content—building confidence and communication competence.



Strength in Motion: This total-body exercise group focuses on endurance, strength, and balance to support daily mobility and independence.

Activities are tailored to individual needs in a fun, supportive environment. Skills gained help participants stay active and engaged in their communities. TWU Occupational Therapy students assist as part of their clinical training.



Parts of Speech- A part of speech is selected weekly and given to the group to understand and use in functional conversation. A few examples explored each week are verb tenses, prepositions, and contractions.



Pen to Paper: Participants work on the fundamentals of writing and spelling, starting at a single-word level and progressing to simple sentences. Tasks focus on functional language to help with daily challenges such as list-making, internet searches, and email.

In-person Programs



Read it: Take turns reading articles or short novels aloud. Cueing is provided at whatever level is needed. Some read independently, and some read in unison with a facilitator. This is a great way to work on producing multi-syllabic words and increase reading fluency. All reading levels are welcome.



Team Club Language: Join Team Club Language to play different language-based games weekly. The goal is for participants to engage in the games and encourage everyone to participate. The focus is on both comprehension and expression. This program is appropriate for all communication levels.



Where in the World? Take a virtual trip to another country. Participants are encouraged to share their travel experiences by exploring a new country or locale and discussing the food, people, and customs. The focus is on both comprehension and expression. This program is appropriate for all communication levels.