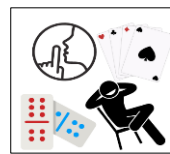


In-Person Program Schedule

Time/Day	Tuesday		Wednesday		Thursday		
9:30 to 10:00AM	 		Coffee Talk & Announcements		 		
10:00 to 11:00 AM	Book Club 	Pathways to Purpose 	Listening Corner 	In the News 	Chit Chat 	Brain Games 	
	Creative Connections 	Parts of Speech 			Story Collab 		
11:00 to 12:00 PM	Chit Chat 	Music & Language 	History 101 	Challenge Word Puzzle 	Read It 	Power in Words 	Grab Bag 
12:00 to 1:00 PM	 		Lunch & Chat				
1:00 to 2:00 PM	Game Shows 	Strength in Motion 	Aphasia Apps 	Games & More 	Competitive Games 	Chill Out Games 	
	Numbers 	HARC Homeroom 			Where in World 		

In-person Programs



Aphasia Apps: Practice language skills using iPads and communication apps. Activities may include reading, typing, listening, following directions, using email, browsing the internet, or exploring other helpful apps. Participants work at their own pace, with volunteers available to provide support as needed.



Book Club: Read and discuss novels and books together. Participants practice reading aloud, answering questions, sharing opinions, and discussing ideas in a supportive group setting. All reading levels are welcome.



Brain Games: Challenge your brain with language activities, word puzzles, crosswords, trivia, and other thinking games. Activities strengthen attention, memory, problem-solving, word finding, and reasoning in a fun, supportive environment.



Chat & Chew: Explore foods from Houston and around the world while building communication skills. Participants practice naming foods, reading menus, listening, sharing opinions, telling stories, following recipes, using functional math skills, and enjoying food tastings together.

In-person Programs



Chill Out & Competitive Games: Relax and enjoy favorite games such as Uno, dominoes, poker, chess, Mah Jongg, and more. Participants practice listening, following rules, taking turns, problem-solving, and conversation while having fun with friends.



Chit Chat: Share stories about your weekend, family, hobbies, and daily life. Participants practice conversation, listening, expressing ideas, asking questions, and using speech, gestures, drawing, or writing to communicate.



Creative Connection: Express yourself through art, photography, crafts, poetry, and theater. Each week includes a discussion followed by a creative project that supports communication, fine motor skills, creativity, and self-expression.



Dominoes: Enjoy a favorite game while strengthening memory, attention, counting, problem-solving, and fine motor skills. Participants also practice conversation, turn-taking, and social interaction.

In-person Programs



Game Show: Compete in interactive, game show-style activities featuring trivia, word games, and pop culture challenges. Participants strengthen word finding, listening, problem-solving, and communication in a lively, supportive setting.



Games & More: Play board games and card games that encourage communication, memory, attention, and teamwork. Participants practice speaking, listening, problem-solving, and social interaction while enjoying time together.



Grab Bag: Every week is something different! Activities may include Chat & Chew, Name That Tune, Show & Share, and other favorite programs. Participants practice conversation, listening, word finding, and sharing experiences in a fun, relaxed environment.



HARC Homeroom: Work independently on personal goals such as reading, writing, puzzles, or computer activities. Participants receive support from volunteers and may also work with a partner to encourage confidence, independence, and peer connection.

In-person Programs



History 101: Travel through history one event at a time. Participants discuss important people and events while practicing conversation, storytelling, listening, and sharing ideas.



Listening Corner: Build listening and understanding skills through activities such as following directions, matching words to pictures, identifying objects, and answering simple questions. This group is ideal for participants working to strengthen comprehension.



Music & Language: Use music to strengthen communication with the guidance of a music therapist. Activities include singing, rhythm, movement, instrument play, and music-based communication exercises. Participants may also join the HARC Heralds Choir, which performs at community events throughout the year.



Numbers: Practice everyday math skills through real-life activities such as planning a party, shopping, ordering at restaurants, budgeting, and solving practical problems. The focus is on building confidence and independence with functional math.

In-person Programs



Parts of Speech: Learn and practice one language skill each week, such as verbs, prepositions, pronouns, contractions, or sentence structure. Participants apply these skills in everyday conversation and functional communication.



Pathways to Purpose: Explore meaningful opportunities to volunteer, return to work, advocate, or become more involved in the community. Using communication in real-life situations helps build confidence, independence, and continued recovery.



Pen to Paper: Strengthen writing and spelling skills, beginning with single words and progressing to sentences. Activities focus on everyday writing tasks such as making lists, completing forms, searching the internet, and sending emails.



Power in Words: Use your voice to educate and inspire others. Participants create presentations, newsletters, social media posts, and advocacy projects while strengthening speaking, writing, storytelling, and confidence.

In-person Programs



Read it: Read articles, short stories, or books aloud in a supportive group setting. Participants receive the level of cueing they need, whether reading independently or together with a facilitator. All reading abilities are welcome.



Strength in Motion: Improve strength, balance, endurance, and mobility through fun, total-body exercise. Activities are adapted to each participant's abilities and support greater independence in everyday life. Occupational Therapy students from Texas Woman's University assist as part of their clinical training.



Team Club Language: Enjoy different language games each week that encourage everyone to participate. Activities focus on speaking, listening, comprehension, problem-solving, and teamwork. This group is appropriate for all communication levels.



Where in the World? Take a trip to a new country or destination. Learn about the culture, food, traditions, landmarks, and history while practicing conversation, listening, reading, and sharing personal travel experiences. Participants of all communication levels are welcome.